

What is BIO-STREAMS?

A Multi-Pillar Framework to address childhood obesity by building on an EU biobank, micro-moments and mobile recommendation systems.



Check out our website, discover more and get involved!



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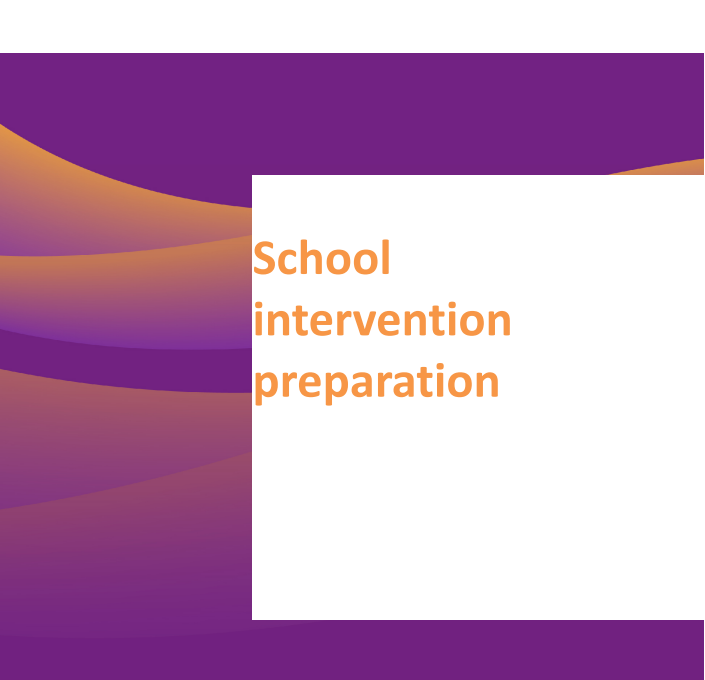
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School intervention preparation

Workshops with

- Children
- School leaders
- Non-formal health educators
- Parents

DELPHI Study

Outcomes:

Children and families see schools role differently from school professionals



School intervention

Classroom intervention – 4 workshops

- Hydration
- Breakfast
- Cooking at home and family meals
- Physical (in)activity

Digital tools for home or classroom use

- Mobile application
- Serious games
- Lifestyle recommendations engine
- Data in BioBank

Active health app

eshakid
q





BIO-STREAMS



Health data
management



Knowledge
handling



Risk
assessment



Prevention &
healthy-living
interventions



Community
awareness
& mobilisation



Learn more on
www.bio-streams.eu

Workshop reflection survey round 4 - Bio-Streams – Address the underage obesity in European Union

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